CURRICULUM VITAE

DEDCONAL DATA

	CURRIC	ULUM VITAE
Δ	PERSONAL DATA:	
11.	Name:	Dr. Krishnendu Pradhan
	Working Place:	Garhbeta College, Paschim Medinipur, W.B.
	Department:	Physical Education
	Designation:	Associate Professor
	Date of Birth:	29 th day of August, 1965
	Nationality:	Indian
	State of Origin:	West Bengal
	Present Address:	43/1, West Avenue, Bidhannagar, Midnapore Town,
		P.S.: Kotwali, Dist.: Paschim Medinipur, PIN-721101, W.B.
	Contact No.:	9434414196/7908605562
	Mail.ID.:	kpgcpe@gmail.com
B.	EDUCATION:	
2.	1996-1994	Doctor of Philosophy in Physical Education from LNCPE,
		Gwalior Affiliated to Jiwagi University, M.P.
	1994-1993	Master of Philosophy in Physical Education (Exercise
		Physiology) from LNCPE, Gwalior Affiliated to Jiwagi
		University, M.P.
	1993-1992	Diploma in Sports Coaching (Volleyball) From Sports Authority
		of India, Eastern Centre, Calcutta, W.B.
	1992-1990	Master Degree in Physical Education from University of
		Kalyani, Nadia, W.B.
	1990-1989	Diploma in Yoga Asana Training from Yoga Training Institute,
		Calcutta, W.B.
	1988-1987	Diploma in Physical Education from Post Graduate Govt.
		Institute for Physical Education, Banipur, Affiliated to Calcutta
		University, Calcutta, W.B.
	1986-1984	Bachelor of Science (Bio) from Science City College, Affiliated
		to Calcutta University, W.B.
C.	WORK EXPERIENCE:	
	2018- Onwards	Invited Faculty, P.G. Department in Bengali, Raja N.L. Khan
		Women's College (Autonomous), Paschim Medinipur, W.B.
	1997-2007	Guest Lecturer in the Department of Physical Education,
		Midnapore College, Paschim Medinipur, W.B.
	1998-2000	Guest Lecturer in the Department of Physical Education, Pingla
		Thana Mahavidyalaya, Paschim Medinipur, W.B.
	1995-1998	Guest Lecturer in the Department of Physical Education, Seva
		Bharati Mahavidyalaya, Kapgari, Jhargram, W.B.
	1998-2006	Assistant Teacher, Vidyasagar Vidyapith, Midnapur, W.B.
	1998	Assistant Master in Physical Education, Taki Govt. School, Taki,
		North 24 Paragana, W.B.

D. MEMBER OF BOARD OF STUDIES:

- BOS member of Physical Education subject, Vidyasagar University, Paschim Medinipur, W.B. from 2007 till date.
- BOS member of Bachelor in Physical Education subject, Vidyasagar University, Paschim Medinipur, W.B. from 2008 till date.
- BOS member of Physical Education Department of Midnapore College (Autonomous), Paschim Medinipur, W.B. from 2016 till date.
- BOS member of Yoga Department of Midnapore College (Autonomous), Paschim Medinipur, W.B. from 2016 till date.
- BOS member of Physical Education Department of Raja Narendra Lal Khan Women's College (Autonomous), Paschim Medinipur, W.B. from 2016 till date.

E. MINOR RESEARCH PROJECT:

Completed a UGC Sponsored Minor Research Project Entitled on:

"Effect of regular participation in games and sports on body mass index (BMI) and fat Percent between Intra-varsity level athletes and non-athletes".

F. SPORTS ACHIEVEMENTS:

- > Represented Kalyani University in the All India Inter University Volleyball Tournament, 1991.
- > Represented Kalyani University in the East Zone Inter University Volleyball Tournament, 1990.
- University Blue of Rabindra Bharati University and represented in the East Zone Inter University Volleyball Tournament, 1986.
- University Blue of Rabindra Bharati University and represented in the East Zone Inter University Volleyball Tournament, 1987.
- Represented consecutive four years as a regular and dependable player of Bijoyee Sangha, a leading Calcutta First Division Volleyball Club from 1988-1992.

Sl. No.	Name of the Journal/Book	UGC Approved/ UGC Care Listed	ISSN/ISBN Impact Factor	International/ National
1.	International Journal of Physiology, Nutrition and Physical Education.	UGC Approved January-June, 2019	ISSN: 2456-0057 Impact Factor: 5.18	International
2.	International Journal of Yogic, Human movement and Sports Sciences.	UGC Approved July-December, 2018	ISSN: 2456-4419 Impact Factor: 5.18	International
3.	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development.	Conference Proceedings 9 th December, 2017	ISBN: 978-81-929219-1-4	International
4.	International Congress on Global Innovation and Research in	Conference Proceedings 10 th -11 th December, 2017	ISBN 978-93-87072-17-6	

G. EDITORIAL BOARD MEMBER OF JOURNAL/BOOK:

	Education, Sports Sciences and Yoga. Vol. I			International
5.	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga. Vol. II	Conference Proceedings 10 th -11 th December, 2017	ISBN 978-93-87072-19-0	International
6.	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga. Vol. III	Editor Conference Proceedings 10 th -11 th December, 2017	ISBN 978-93-87072-49-7	International

H. CHAIRED/CO-CHAIRED IN THE TECHNICAL SESSION OF THE SEMINARS:

Sl.	Title of the	Title of Conference/	Organized	International/
51. No.	Academic Session	Seminar	8	National/State
			by	
1.	Sports Training and	National Seminar on	Post Graduate Government	National
	Pedagogy.	New Challenges for	Institute for Physical Education,	(Sponsored by
	(Co-Chairperson)	Physical Education	Banipur.	Higher Education
		and Sports Sciences.	Dated on: 19 th & 20 th March,	Department, Govt.
			2010.	of West Bengal.
2.	Psychological	International	Department of Physical	International
	Interventions and Elite	Conference on	Education. JECRC University,	(Sponsored by
	Sports Performance.	Physical Education &	Jaipur, Rajasthan.	Department of
	(Chairperson)	Sports Science	Dated on: 6 th & 7 th January,	Science and
		"ICPESS-2015"	2015.	Technology, Govt.
				of Rajasthan.
3.	Physiological	Global Conference on	Department of Physical	
	Interventions and Elite	Scientific Culture in	Education. Punjabi University,	
	Sports Performance.	Physical Education	Patiala. Punjab.	International
	(Chairperson)	and Sports.	Dated on: 18th to 20th	(Sponsored by
		"GLOCOSCPES-	February, 2016.	ICSSR).
		2016"		
4.	Educational Aspects	Yoga in Life and	Department of Education,	International
	of Yoga and Sports	Education: It's	University of Gour Banga,	(Sponsored by
	Performance.	Relevance in the	Malda, West Bengal. India.	University of
	(Chairperson)	21st Century.	Dated on 3rd & 4th June, 2017.	Gour Banga).
5.	Physiological Aspects	Global Education,	Department of Physical	
	of Physical Education	Physical Education	Education, Seva Bharati	
	and Sports.	and Sports, Research	Mahavidyalaya. Paschim	
	(Chairperson)	and Technology for	Medinipur. West Bengal.	International
	-	Sustainable	Dated on: 9th December, 2017.	
		Development.		
6.	Sports Training,	Global Innovation and	Department of Physical	
	Coaching and	Research in	Education, Mahishadal Girls'	
	Pedagogical Aspects	Education, Sports	College. Purba Medinipur.	
	in Physical Education	Sciences and Yoga.	West Bengal.	International
	& Sports.		Dated on: 10th &11th December,	
	(Chairperson)		2017.	

I. INVITED LECTURERS IN THE SEMINAR/CONFERENCE:

Sl.	Title of the	Title of		International/
No.	Invited lecture	Conference /	Organized	National/
		Seminar	by	University level
1.	Guiding	Scientific Approach and	Department of Physical Education.	
	Principles of	Technical analysis for the	Midnapore College (Autonomous),	
	Soccer	Development of Soccer.	Paschim Medinipur, West Bengal.	National
	Officiating.	_	Dated on: 11 th June, 2017.	
2.	Understanding	Global Education,	Department of Physical Education,	
	Exercise's	Physical Education and	Seva Bharati Mahavidyalaya.	
	Effect on	Sports, Research and	Paschim Medinipur. West Bengal.	International
	Psychological	Technology for	Dated on: 9th December, 2017.	
	Well-Being.	Sustainable Development.		
3.	Contextual and		Department of Physical Education,	
	Pedagogical	Global Innovation and	Mahishadal Girls' College. Purba	
	Perspectives of	Research in Education,	Medinipur. West Bengal.	International
	Sport Coaching.	Sports Sciences and Yoga.	Dated on: 10th &11th December, 2017.	
4.			Department of Physical Education,	
	Yoga Education.	Yoga Education.	Jhargram Raj College, Jhargram,	Departmental
			Paschim Medinipur.	
			Dated on: 4 th October, 2018.	
5.		International Conference	Physical Education Foundation of	
	Nutritional	on Sports Nutrition and	India. In Collaboration with	
	Aspects of	Awareness of Doping in	National Anti Doping Agency	
	Games and	Connection with Sports	(NADA) and Panskura Banamali	
	Sports. Sciences, Physical		College. Purba Medinipur. West	International
		Education and Yogic	Bengal. Dated on: 29 th February & 1 st	
		Sciences.	March, 2020.	

J. PUBLISHED PAPERS IN JOURNALS:

Title with Page no.	Name of the Journal	National/ Inter- national/ University	ISSN/ ISBN No.	Peer Reviewed & Impact Factor
Management of Stresses and Strains in Old Age February, 2014; Vol. 1, No. 1	Indian Journal of Research in Multidisciplinary Studies	National	ISSN 2348- 2524	Peer Reviewed
Analysis of Anxiety Levels, Muscle Tension and Motor Ability Among Athletes and Non-Athletes February, 2015; Vol. 2, No. 1	Indian Journal of Research in Multidisciplinary Studies	National	ISSN 2348- 2524	Peer Reviewed
An Analysis of Moderate-Intensity and High-Intensity Workout Ability Among Intervarsity Level Sports Person. August, 2015; Vol. 4	IMPETUS Xavier's Interdisciplinary Research journal	National	ISSN 2278- 0254	Peer Reviewed
	Page no. Management of Stresses and Strains in Old Age February, 2014; Vol. 1, No. 1 Analysis of Anxiety Levels, Muscle Tension and Motor Ability Among Athletes and Non-Athletes February, 2015; Vol. 2, No. 1 An Analysis of Moderate-Intensity and High-Intensity Workout Ability Among Intervarsity Level Sports Person.	Page no.JournalManagement of Stresses and Strains in Old AgeIndian Journal of Research inFebruary, 2014; Vol. 1, No. 1Multidisciplinary StudiesAnalysis of Anxiety Levels, Muscle Tension and Motor Ability Among Athletes and Non-AthletesIndian Journal of Research in Multidisciplinary StudiesAn Analysis of Moderate-Intensity and High-Intensity Workout Ability Among August, 2015; Vol. 4IMPETUS Research in	Page no.Journalnational/ UniversityManagement of Stresses and Strains in Old AgeIndian Journal of Research inNationalFebruary, 2014; Vol. 1, No. 1Multidisciplinary StudiesNationalFebruary, 2014; Vol. 1, No. 1Multidisciplinary StudiesNationalAnalysis of Anxiety Levels, MuscleIndian Journal of Research inNationalAnalysis of Anxiety Levels, MuscleIndian Journal of Research inNationalAnalysis of Anxiety Levels, MuscleIndian Journal of Research inNationalAthletes and Non-AthletesMultidisciplinary StudiesNationalAn Analysis of Moderate-Intensity and High-Intensity Workout Ability Among Intervarsity Level Sports Person. August, 2015; Vol. 4Interdisciplinary Research journalNational	Page no.Journalnational/ UniversityNo.Management of Stresses and Strains in Old AgeIndian Journal of Research inISSNStudiesResearch inNational2348-February, 2014; Vol. 1, No. 1Multidisciplinary Studies2524Analysis of Anxiety Levels, MuscleIndian Journal of Research inISSNAnalysis of Anxiety Levels, MuscleIndian Journal of Research inISSNAthletes and Non-AthletesMultidisciplinary Studies2524An Analysis of Moderate-Intensity and High-Intensity Workout Ability Among August, 2015; Vol. 4IMPETUS Research journalISSNAugust, 2015; Vol. 4Research journal0254

	Strength and Agility Among Inter	WBCIPE	National	ISSN	
	University Volleyball Players. March,	Journal	National	2348-	Peer Reviewed
	2016; Vol. 1, No. 1	Journar		0777	I cel Reviewed
5.	A Comparative Study of Selected			0///	
5.	Physical Fitness Components Between	WBCIPE		ISSN	
	Academic and Professional Courses of	Journal	National	2348-	Peer Reviewed
	Physical Education Students	Journai	Inational	2348- 0777	reel Kevieweu
	March, 2016; Vol. 1, No. 1			0///	
6.	A Comparative Analysis on Maximal				
0.	Aerobic and Anaerobic Capacity of	Wesleyan Journal			
		of Research	National	ISSN	Peer Reviewed
	Students Studying in Different Classes at	of Research	Inational	0975-	reel Kevleweu
	Central Government College of Physical				
	Education in India			1386	
7	June, 2016; Vol. 9, No. 1				
7.	Motor Eitnoog Attailates of Later	ACTIVE			
	Motor Fitness Attributes of Inter	LIFESTYLE		ICON	
	University level Male Soccer and	A Complete	Noti 1	ISSN 2205	Deen Deerierre 1
	Volleyball players: A Comparative	Journal of Health,	National	2395-	Peer Reviewed
	Study.	Physical Education		0706	
0	September, 2016; Vol. 2, No. 3	& Sports		TOOM	
8.	Physical Fitness Components of Indian	Indian Journal of		ISSN 2249	
	Junior Female Volleyball Players: The	Research in	National	2348-	Peer Reviewed
	Need for Individual Data.	Multidisciplinary		2524	Impact Factor:
	February, 2017; Vol. 4, No. 1	Studies			2.045
9.	Physical Fitness and Performance	Bhatter College		TOOL	
	Indicator of Indian Female Volleyball	Journal of		ISSN	Peer Reviewed,
	Players: The Need for Individual Data	Multidisciplinary	National	2249-	Refereed &
	November, 2017; Vol. 7, No. 1 & 2	Studies		3301	UGC Approved
10	Comparison of Anthronometric				Deer Deviewed
10.	Comparison of Anthropometric	WDCIDE		ICON	Peer Reviewed
	Characteristics and Body Composition of	WBCIPE		ISSN 2249	
	Inter University level Volleyball and	Journal	National	2348-	
	Football Players.			0777	
11	March, 2017; Vol. III, No. 1	Ladiar Land 1 C		ICON	
11.	Somatic Traits and Body Composition	Indian Journal of	Noti 1	ISSN 2248	Deer Destruct
	Profiles of All India Inter University	Research in	National	2348-	Peer Reviewed
	Football Players.	Multidisciplinary		2524	
10	February, 2018; Vol. 5, No. 1	Studies			
12.	Effect of Kapalbhati and Specific	Anudhyan		TOOM	
	Pranayama Techniques on Psycho-	An International	Tutom et a 1	ISSN	Deen Deerierre 1
	physiological Characteristics of Middle	Journal of Social	International	2455-	Peer Reviewed
	Aged Sedentary Women.	Sciences		6319	
10	February, 2018; Vol. 3, No. 1, Pp. 72-83	Tata d' 1			
13.	Effect of Regular Participation in Games	International		ICON	Peer Reviewed,
	and Sports on Body Mass Index and Fat	Journal of	T , , T	ISSN	Refereed,
	Percent Among Interuniversity Level	Physiology,	International	2456-	UGC Approved
	Team Game Players.	Nutrition and		0057	& Impact
1.4	Jan-Jun, 2018; Vol. 3, Issue 1	Physical Education			Factor: 5.43
14.		International		TOOM	Peer Reviewed,
	Study on Trait and State Anxiety Level	Journal of		ISSN	Refereed,

	Between Inter College and Inter	Physiology,		2456-	UGC Approved
	University Male Kho-kho Players.	Nutrition and	International	0057	& Impact
	Jan-Jun, 2018; Vol. 3, Issue 1	Physical Education	International	0057	Factor: 5.43
15.	5411 5411, 2010, 101. 5, 18540 1	International			Peer Reviewed,
15.	Comparison of Body Composition	Journal of		ISSN	Refereed,
	Characteristics Between District Level	Physiology,	International	2456-	UGC Approved
	Football and Kho-kho Players.	Nutrition and	International	0057	& Impact
	Jan-Jun, 2018; Vol. 3, Issue 1	Physical Education		0007	Factor: 5.43
16.	Somatic Traits and Body Composition				
	Characteristics of Middle Blockers and	WBCIPE		ISSN	Peer Reviewed
	Outside Hitters of East Zone Inter	Journal	National	2348-	&
	University Male Volleyball Players.			0777	UGC Approved
	March, 2018; Vol. V, No. 1				
17.	Effect of Yogic Practices on Psycho-	International			Peer Reviewed,
	physiological Characteristics of College	Journal of Yogic,		ISSN	Refereed,
	Male Students.	Human Movement	International	2456-	UGC Approved
	Jul-Dec, 2018; Vol. 3, Issue 2	and Sports Sciences		4419	& Impact
					Factor: 5.18
18.	Comparison of Motor Fitness	International			Peer Reviewed,
	Components Between Academic and	Journal of Yogic,		ISSN	Refereed,
	Professional Courses of Male physical	Human Movement	International	2456-	UGC Approved
	Education Students in West Bengal.	and Sports Sciences		4419	& Impact
	Jul-Dec, 2018; Vol. 3, Issue 2				Factor: 5.18
19.	Analysis of AAHPERD Youth Fitness	International		**	Peer Reviewed,
	Test Components Between Rural and	Journal of Yogic,		ISSN	Refereed,
	Urban Sportsmen of Vidyasagar	Human Movement	International	2456-	UGC Approved
	University in West Bengal	and Sports Sciences		4419	& Impact
20	Jul-Dec, 2018; Vol. 3, Issue 2	X (1			Factor: 5.18
20.	Desitional differences in comptic traits	International			Peer Reviewed,
	Positional differences in somatic traits	Journal of		ISSN	Refereed,
	among inter university level male football players	Physiology, Nutrition and	International	1351N 2456-	UGC Approved
	Jan-Jun.2019; Vol. 4, Issue 1	Physical Education	International	2436- 0057	& Impact Factor: 5.43
21.	Jan-Jun.2017, VOI. 4, ISSUE 1	International		0057	Peer Reviewed,
<i>2</i> 1.	Comparison of anthropometric	Journal of			Refereed,
	characteristics between inter university	Physiology,		ISSN	UGC Approved
	and inter collegiate volleyball players.	Nutrition and	International	2456-	& Impact
	Jan-Jun.2019; Vol. 4, Issue 1	Physical Education	momunonal	0057	Factor: 5.43
22.	Games and Sports: A Gateway of	Anudhyan		ISSN	
	Women's Empowerment in India.	An International	International	2455-	Peer Reviewed
	August, 2019; Vol. 4, No. 1	Journal of Social		6319	
	······································	Sciences			
23.	Positional differences of Biomotor	Anudhyan		ISSN	
	ability among East Zone Inter University	An International	International	2455-	Peer Reviewed
	Volleyball Players.	Journal of Social		6319	
	August, 2020; Vol. 5, No. 1	Sciences			
24.	Role of Colleges, Universities & AIU in	Vidyasagar			
	Contributing Quality Players for	University Sports	University		
	National and International Levels.	Bulletin			
	January, 2008.				

25.	India's Sports Derformance in	Viduosogor		
23.	India's Sports Performance in	Vidyasagar	T T · · ·	
	International Arena: An Overall Report.	University Sports	University	
	February, 2009	Bulletin		
26.	The Game Kho-kho: Its Characteristics	Vidyasagar		
	and Needs. September, 2010	University Sports	University	
	-	Bulletin		
27.	Regular Physical Exercises.	Vidyasagar		
	January, 2010	University Sports	University	
	•	Bulletin	2	
28.	Specific Activities on Track and Field	Vidyasagar		
	Event. December, 2011	University Sports	University	
		Bulletin		
29.	Common Features of Sprinting Start.	Vidyasagar		
	December, 2013	University Sports	University	
		Bulletin		
30.	The Vision and Objectives of	Vidyasagar		
	Association of Indian Universities	University Sports	University	
	(AIU). December, 2014	Bulletin		
31.	Exercise is Must for Diabetics	Vidyasagar		
	December, 2015	University Sports	University	
		Bulletin		
32.	Ecosystem of Indian Sports.	Vidyasagar		
	December, 2017	University Sports	University	
		Bulletin		

K. SEMINAR / CONFERENCE PROCEEDINGS:

Sl. No.	Title of the Paper	Details of Conference Publication	Organized By	ISSN/ ISBN No.	Solo/ Co- author	National/ Inter- national
1.	Comparison of BMI and Selected Physical Fitness Components Between Residential and Non-Residential Football Players.	Physical Activity: An Essence in Modern Life. Rohini Nandan Publications.	Department of Physical Education. Tingla Thana Mahavivyalaya, Pingla, Paschim Medinipur, West Bengal, 2014.	ISBN 978- 81- 92872 1-2-4	Co- author	National
2.	A Comparative Study of Aerobic and Anaerobic Capacity Among Intervarsity Level Kho-kho and Kabaddi Players. Vol. I.	International Conference on Physical Education & Sports Science. "ICESS-2015". Global Excellence in Fitness and Sports Science. Twentyfirst Century Publications.	Department of Physical Education, JECRC University, Jaipur, Rajasthan. 6 th - 7 th January, 2015.	ISBN 987- 81- 89463 -96-0	Co- author	International
3.		International				

	Positional Differences in Selected Body Composition Among University Level Volleyball Players. Vol. I	Conference on Physical Education & Sports Science. "ICESS-2015". Global Excellence in Fitness and Sports Science. Twentyfirst Century Publications.	Department of Physical Education, JECRC University, Jaipur, Rajasthan. 6 th - 7 th January, 2015.	ISBN 987- 81- 89463 -96-0	Solo	International
4.	A Comparative Analysis of Aerobic and Anaerobic Capacity Between Indigenous and Non-Indigenous Inter Varsity Level Game Players. Vol. II	International Conference on Physical Education & Sports Science. "ICESS-2015". Global Excellence in Fitness and Sports Science. Twentyfirst Century Publications.	Department of Physical Education, JECRC University, Jaipur, Rajasthan. 6 th - 7 th January, 2015.	ISBN 987- 81- 89463 -96-0	Co- author	International
5.	Comparison of Physical Fitness Components Among University Level Kabaddi and Kho-kho Players.	National Seminar on Fit and Healthy India Vision 2020. A Physical Education Perspective. Excel India publications.	Lakshmibai National Institute of Physical Education. Guwahati, Assam. 20 th & 21 st February, 2015.	ISBN 978- 93- 84869 -24-3	Co- author	National
6.	Positional Differences in Aerobic and Anaerobic Capacity Among Inter University Level Volleyball Players.	Modern Physical Education and Globalization. S.B. Enterprise Publications.	Department of Physical Education, Haldia Government College, Debhog, Purba Medinipur. 3 rd - 4 th September, 2015.	ISBN 978- 93- 84667 -06-1	Co- author	National
7.	Comparison of Selected Physical Fitness Components Among Team Game Players.	Modern Physical Education and Globalization. S.B. Enterprise Publications.	Department of Physical Education, Haldia Government College, Debhog, Purba Medinipur. 3 rd - 4 th September, 2015.	ISBN 978- 93- 84667 -06-1	Co- author	National
8.	Trait and State Anxiety of All India Inter University Kho- kho Players: A Comparative Study.	Modern Physical Education and Globalization. S.B. Enterprise Publications.	Department of Physical Education, Haldia Government College, Debhog, Purba Medinipur. 3 rd - 4 th September, 2015.	ISBN 978- 93- 84667 -06-1	Solo	National
9.	Performance Indicators of Inter University	Global Conference on Scientific Culture in Physical Education	Department of Physical Education, Punjabi University, Patiala.	ISBN 978-		

	X 7 11 1 11	10	D : 1 toth ooth	0.2		-
	Volleyball Players in Terms of Their Playing Positions.	and Sports. Twentyfirst Century Publications.	Punjab.18 th - 20 th February, 2016.	93- 85446 -45-0	Solo	International
10.	Analysis of Psycho-Physical Characteristics and Ponderal Index of College Students with Reference to Poverty Line.	Global Conference on Scientific Culture in Physical Education and Sports. Twentyfirst Century Publications.	Department of Physical Education, Punjabi University, Patiala. Punjab.18 th - 20 th February, 2016.	ISBN 978- 93- 85446 -45-0	Co- author	International
11.	Body Composition and Dynamic Balance Among State Level Young Male Divers of Different Age Groups.	Global Conference on Scientific Culture in Physical Education and Sports. Twentyfirst Century Publications.	Department of Physical Education, Punjabi University, Patiala. Punjab.18 th - 20 th February, 2016.	ISBN 978- 93- 85446 -45-0	Co- author	International
12.	Analysis of Trait and State Anxiety Level between Male and Female Inter University Kho- kho Players.	Global Conference on Scientific Culture in Physical Education and Sports. Twentyfirst Century Publications.	Department of Physical Education, Punjabi University, Patiala. Punjab.18 th - 20 th February, 2016.	ISBN 978- 93- 85446 -45-0	Co- author	International
13.	Analysis of Anthropometric Characteristics of Varsity Level Volleyball Players in Relation to their Performance Level	Recent Development of physical Education and Sports Science. Department of Physical Education, Khejuri College.	Department of Physical Education, Khejuri College, Baratala, Purba Medinipur, West Bengal. December, 2016.	ISBN 978- 81- 92534 9-9-2	Main- author	National
14.	Somatic Traits and Body Composition of Specific Back Court Defensive and Front Court Offensive Volleyball Players: A Comparative Study	Recent Development of physical Education and Sports Science. Department of Physical Education, Khejuri College.	Department of Physical Education, Khejuri College, Baratala, Purba Medinipur, West Bengal. December, 2016.	ISBN 978- 81- 92534 9-9-2	Co- author	National
15.	Comparison of Physical Fitness Components	Recent Development of physical Education and Sports Science.	Department of Physical Education, Khejuri College, Baratala,	ISBN		

	Among Rural and Urban School Boys of Midnapur Districts	Department of Physical Education, Khejuri College.	Purba Medinipur, West Bengal. December, 2016.	978- 81- 92534 9-9-2	Co- author	National
16.	Impact of 12- Week Yogic Exercises on middle Aged Hypertension Patients	Yoga and Exercise: The way of Living. Rohini Nandan Publications.	Department of Physical Education. Tingla Thana Mahavivyalaya, Pingla, Paschim Medinipur, West Bengal, 2017.	ISBN 978- 81- 93361 5-4-2	Main- author	National
17.	Effect of Selected Pranayama Techniques on Psycho- Physiological Parameters of Middle Aged Sedentary Men	Yoga and Exercise: The way of Living. Rohini Nandan Publications.	Department of Physical Education. Tingla Thana Mahavivyalaya, Pingla, Paschim Medinipur, West Bengal, 2017.	ISBN 978- 81- 93361 5-4-2	Co- author	National
18.	Comparison of Trait Anxiety and State Anxiety Among Hearing Impaired Visually Impaired and Orthopedically Impaired Persons	Awareness of Physical Education & Sports Among the Backward Communities in Rural Area. Patabahar Publications.	Department of Physical Education, Saltora Netaji Centenary College, Saltora, In collaboration with Chatra Ramai Pandit Mahavidyalaya, Bankuta, West Bengal. July, 2017.	ISBN 978- 93- 83200 -37-5	Main- author	National
19.	Physical Traits and Physiological Characteristics of Indian Junior Female Volleyball Players: A Comparative Analysis	Awareness of Physical Education & Sports Among the Backward Communities in Rural Area. Patabahar Publications.	Department of Physical Education, Saltora Netaji Centenary College, Saltora, In collaboration with Chatra Ramai Pandit Mahavidyalaya, Bankuta, West Bengal. July, 2017.	ISBN 978- 93- 83200 -37-5	Co- author	National
20.	Positional Differences in Somatic Traits Among Inter University Level Male Football Players	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development. Indira Publishers.	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal. 9 th December, 2017.	ISBN 978- 81- 92921 9-1-4	Main- author	International
21.	Positional	International Conference on Global	Department of Physical			

	Differences in	Education, Physical	Education, Seva	ISBN		
	Body Composition Characteristics	Education and Sports, Research and Technology for	Bharati Mahavidyalaya, Kapgari, Jhargram,	978- 81- 92921	Solo	International
	Among Indian Junior Female Volleyball	Sustainable Development. Indira Publishers.	West Bengal. 9 th December, 2017.	9-1-4		
- 22	Players	To tange the set				
22.	Comparative Analysis of Body Composition Characteristics Between District Level Footballers and Athletes	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development. Indira Publishers.	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal. 9 th December, 2017.	ISBN 978- 81- 92921 9-1-4	Co- author	International
23.	Effect of Asana and Bhastrika Pranayama on Physiological Characteristics of Under Graduate Tribal College Students	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development. Indira Publishers.	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal. 9 th December, 2017.	ISBN 978- 81- 92921 9-1-4	Co- author	International
24.	Pranayama Practice: The Way of Healthy Living	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development. Indira Publishers.	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal. 9 th December, 2017.	ISBN 978- 81- 92921 9-1-4	Main- author	International
25.	Analysis of Self- Concept Among NCTE Recognised Professional Courses	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development. Indira Publishers.	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal. 9 th December, 2017.	ISBN 978- 81- 92921 9-1-4	Co- author	International
26.	Contextual and Pedagogical Perspectives in Sport Coaching	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga.	Department of Physical Education, Mahisadal Girls' College. Purba Medinipur. West Bengal. 10 th -11 th December,	ISBN 978- 93- 87072	Co- author	International

		A 1-1	2017	17.6		1
		Akinik Publications.	2017.	-17-6		
		Vol. I.				
27.	Positional	International	Department of Physical			
	Differences in	Congress on Global	Education, Mahisadal			
	Explosive Power	Innovation and	Girls' College. Purba	ISBN		
	and Agility	Research in	Medinipur. West	978-		
	Among Indian	Education, Sports	Bengal.	93-	Main-	International
	Junior Female	Sciences and Yoga.	10 th -11 th December,	87072	author	
	Volleyball	Akinik Publications.	2017.	-17-6		
	Players	Vol. I.				
28.		International	Department of Physical			
	Goal-Line	Congress on Global	Education, Mahisadal			
	Technology: A	Innovation and	Girls' College. Purba	ISBN		
	Scientific	Research in	Medinipur. West	978-		
	Innovation in	Education, Sports	Bengal.	93-	Main-	International
	Football	Sciences and Yoga.	10 th -11 th December,	87072	author	
		Akinik Publications.	2017.	-17-6		
		Vol. I.				
29.		International	Department of Physical			
	Assessment of	Congress on Global	Education, Mahisadal			
	Sports	Innovation and	Girls' College. Purba	ISBN		
	Competitive	Research in	Medinipur. West	978-		
	Anxiety Among	Education, Sports	Bengal.	93-	Co-	International
	University Level	Sciences and Yoga.	10^{th} -11 th December,	87072	author	
	Male Team	Akinik Publications.	2017.	-17-6		
	Game Players	Vol. I.				

L. PAPERS PRESENTED IN THE SEMINAR/CONFERENCE:

Sl. No.	Title of the paper	Title of Conference/Seminar	Organized by	International/ National/State
1.	Study on the Anxiety Level, Muscle Tension and Motor Ability between Athletes and Non-Athletes.	The Physiological Society of India.	Department of Physical Education, University of Kalyani, West Bengal. 28 th - 29 th November, 1992.	National
2.	Study on Maximal Aerobic and Anaerobic Capacities of Students Studying in Different Classes at LNCPE., Gwalior.	Direction of Physical Education and Sports Science in the 21 st	Department of Physical Education, University of Kalyani, West Bengal. 27 th - 28 th May, 1994.	National
3.	Exercise and the quality of Life: Physical Activity Programming for the Aged.		Department of Physical Education, Jadavpur University, Jadavpur, West Bengal. 30 th - 31 st March, 1996.	National
4.	A Comparative Study		Department of Physical	

	of Physical and Physiological Profiles of Indian Junior and Sub-junior Volleyball Players.	National Seminar on Physical Education for Quality of Life.	Education, Mugberia Gangadhar Mahavidyalaya, Purba Medinipur. West Bengal. 23 rd - 24 th August, 2009.	National
5.	TrainingStructureofB.P.Ed.CourseinWestBengal:ProblemsandProspects.	National Seminar on Developing Quality Physical Education.	Post Graduate Government Institute for Physical Education, Banipur. 15 th -16 th March, 2012.	National
6.	Comparison of BMI and Physical Fitness Components Between Residential and Non- Residential Football Players.	UGC Sponsored 2-Day National Seminar on Physical Activity: An Essence in Modern Life.	Department of Physical Education, Pingla Thana Mahavidyalaya, Paschim Medinipur, West Bengal. 13 th -14 th , December, 2013.	National
7.	Positional Differences in Selected Body Composition Among University Level Volleyball Players.	International Conference on Physical Education & Sports Science. "ICESS-2015". Global Excellence in Fitness and Sports Science.	Department of Physical Education, JECRC University, Jaipur, Rajasthan. 6 th - 7 th January, 2015.	International
8.	TraitandStateAnxietyofAllIndiaInterUniversityKho-khoPlayers:AComparativeStudy.	UGCSponsoredNationalSeminaronModernPhysicalEducationandGlobalization.	DepartmentofPhysicalEducation,HaldiaGovernmentCollege,Debhog,PurbaMedinipur.3 rd - 4 th September, 2015.	National
9.	Positional DifferencesinAerobicandAnaerobicCapacityAmongInterUniversityLevelVolleyball Players.	National Seminar on Modern Physical Education and Globalization.	3^{rd} - 4^{th} September, 2015.	National
10.	Play: Environmental Awareness and Sports.	International Seminar on Ecology, Globalization & Human Rights.	Maynaguri College, Maynaguri, In collaboration with P.D. Women's College, Jalpaiguri, West Bengal. 8 th -10 th January, 2016.	International
11.	Analysis of Body Composition and Dynamic Balance among Different Age Groups of Young Female Divers.	Quality Assurance in Health, Fitness and Wellness.	IQAC, Nikhil Banga Sikshan Mahavidyalaya, Bishnupur, Bankura, West Bengal. 20 th - 21 st January, 2016.	National
12.	Analysis of Trait and State Anxiety level between Male and Female Inter University Kho-kho	Global Conference on Scientific Culture in Physical Education and Sports.	Department of Physical Education, Punjabi University, Patiala. Punjab.18 th - 20 th February,	International

	Players.		2016.	
13.	Performance Indicators of Inter University Volleyball Players in Terms of Their Playing Positions.	Scientific Culture in	Department of Physical Education, Punjabi University, Patiala. Punjab.18 th - 20 th February, 2016.	International
14.	Effect of Selected Pranayama Techniques on Psycho-Physiological Parameters of Middle Aged Sedentary Men.	UGC Sponsored 2-Day National Seminar on Yoga and Exercise: The Way of Living.	Department of Physical Education, Pingla Thana Mahavidyalaya, Pingla, Paschim Medinipur, West Bengal. 17 th - 18 th November, 2016.	National
15.	Somatic Traits and Body Composition of Specific Back Court Defensive and Front Court Offensive Volleyball Players: A Comparative Study.	UGC Sponsored National Seminar on Modern Trends and Development of Physical Education and Sports.	Department of Physical Education, Khejuri College, Baratala, Purba Medinipur, West Bengal. 29 th - 30 th November, 2016.	National
16.	Physical Traits and Physiological Characteristics of Indian Junior Female Volleyball Players: A Comparative Analysis.	UGC Sponsored National Level Seminar on Awareness of Physical Education & Sports Among the Backward Communities in Rural Area.	Department of Physical Education, Saltora Netaji Centenary College, Saltora, In collaboration with Chatra Ramai Pandit Mahavidyalaya, Barapur, Bankuta, West Bengal. 26 th - 27 th February, 2017.	National
17.	Comparison of Trait Anxiety and State Anxiety Among Hearing Impaired Visually Impaired and Orthopedically Impaired Persons.	UGC Sponsored National Level Seminar on Awareness of Physical Education & Sports Among the Backward	Department of Physical Education, Saltora Netaji Centenary College, Saltora, In collaboration with Chatra Ramai Pandit Mahavidyalaya, Bankuta, West Bengal. 26th - 27 th February, 2017.	National
18.	Anthropometric and Physiological Features of Specific Back Court Defensive and Front Court Offensive Volleyball Players: A Comparative Analysis.	WBCIPE National Seminar on Latest Trends and Challenges for Physical Education and Sports.	Govt. College of Physical Education for Womem, Dinhata, In collaboration with West Bengal Committee of the Institutes of Physical Education (WBCIPE), West Bengal. 9 th 10 th March, 2017.	National
19.	Rules and RegulationsofInternationalFederationsAmongParticipationinTranssexualsin	ICSSR National Seminar on Transgender in India: Problem, Prospects and	Khejuri College, Baratala, Purba Medinipur, West Bengal.	National

	Games and Sports.	Futures Directions.	16 th - 17 th March, 2017.	
20.	Emerging Challenges	One Day International	Department of Philosophy &	
	in Physical Education	Seminar on Change and	History, Garhbeta College,	
	and Sports in India.	Continuity in India.	Paschim Medinipur, West	International
			Bengal. 17 th March, 2017.	
21.	Effect of Selected	Two-Day International		
	Pranayama	Seminar on Yoga in		
	Techniques on	Life and Education: It's	Department of Education,	
	Psycho-Physiological	Relevance in the 21st	University of Gour Banga,	International
	Parameters of Middle	Century.	Malda, West Bengal. 3 rd - 4 th June, 2017.	
	Aged Sedentary Women.		5 - 4 June, 2017.	
22.	Impact of 12-week		IQAC of Nikhil Banga	
22.	Selected Pranayama	National Seminar of	Sikshan Mahavidyalaya	
	Techniques on	Fitness & Yoga: a Way	(B.Ed. & B.P.Ed. College),	
	Psycho-physiological	of Healthy Living.	Bishnupur, Bankura, West	National
	Characteristics of Old	<u>-</u>	Bengal. 2 nd - 3 rd November,	
	Age Men.		2017.	
23.	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	International	Department of Physical	
	Pranayama Practice:	Conference on Global	Education, Seva Bharati	
	The Way of Healthy	Education, Physical	Mahavidyalaya. Paschim	
	Living.	Education and Sports,	Medinipur. West Bengal.	International
		Research and	9 th December, 2017.	
		Technology for		
		Sustainable		
24.	Positional Differences	Development. International		
24.	in Body Composition	Conference on Global	Department of Physical	
	Characteristics Among	Education, Physical	Education, Seva Bharati	
	Indian Junior Female	Education and Sports,	Mahavidyalaya. Paschim	
	Volleyball Players.	Research and	Medinipur. West Bengal.	International
		Technology for	9 th December, 2017.	
		Sustainable		
		Development.		
25.	-	-	Department of Physical	
	Competitive Anxiety	on Global Innovation	Education, Mahisadal Girls'	.
	Among University	and Research in	College. Purba Medinipur.	International
	Level Male Team	Education, Sports	West Bengal. 10 th -11 th December, 2017.	
26.	Game Players. Positional Differences	Sciences and Yoga. International Congress	Department of Physical	
20.	in Explosive Power	on Global Innovation	Education, Mahisadal Girls'	
	and Agility Among	and Research in	College. Purba Medinipur.	International
	Indian Junior Female	Education, Sports	West Bengal.	
	Volleyball Players.	Sciences and Yoga.	$10^{\text{th}} - 11^{\text{th}}$ December, 2017.	
27.	Sedentary Lifestyle			
	and Hypo-kinetic	One Day International		
	Diseases: Exercise and	Seminar on Gender,	Department of History,	
	Diet Play as	Health & Medicine.	Garhbeta College. Paschim	International
	Preventive Medicine		Medinipur. West Bengal.	
	for Healthy Life Style.		2 nd February, 2018.	

20	Amelancia of Ameli			
28.	Analysis of Aerobic Capacity and Anaerobic Power of	National Seminar on	Education, Pingla Thana	
	Defensive and Front Court Offensive Male	Physical Education for Health and Wellness.	Mahavidyalaya. Paschim Medinipur. West Bengal. 7 th March, 2018.	National
20	Volleyball Players. Liberos' are the		State Institute of Dhysical	
29.	Liberos' are the Paramount of Specific	International	State Institute of Physical Education for Women,	
	Fitness Exhibiter in		Hastings House, Kolkata. In	
	Modern Volleyball: A	•		National
	Comparative Analysis.	Sports Science in	0	
		2020's Era.	Institutes of Physical	
			Education (WBCIPE), West	
30.		International	Bengal. 15 th January, 2020.	
50.		Conference on Sports	Physical Education Foundation of India (PEFI).	
	Role of NADA for		In collaboration with	
	Promoting Dope Free		National Anti Doping	
	Sports in India.	in connection with	Agency (NADA) &	International
		Sports Sciences,	Panskura Banamali College.	
		Physical Education and	Mahishadal Raj College,	
		Yogic Sciences.	Purba Medinipur. West	
			Bengal. 29 th February & 1 st March, 2020.	
			March, 2020.	

M. PARTICIPATION IN WORKSHOP/SEMINAR:

Participated more than 20 National/State/University level Workshop/Seminar.

I declare that the particulars given above are correct to the best of my knowledge and believe.

Place: Midnapore Date: 20.06.2021

Krishnendu Pradhan

Signature